

HONDURAS 2025

JULY 8-15, 2025

VILLAGE INFORMATION: San Francisco, Lempira, Honduras

TRAVEL INFORMATION:

- **35 Seats on American Airlines**
 - **July 8** Flt# AA469 Memphis (MEM)-Miami (MIA) 556AM-9:20AM
Flt# AA2693 Miami (MIA)-Comayagua (XPL) 12:05PM-12:50PM
 - **July 15** Flt# AA359 Comayagua (XPL)-Miami (MIA) 1:30PM-5:55PM
Flt# AA2537 Miami (MIA)-Memphis (MEM) 9:00PM-10:51PM

FEE & PAYMENT SCHEDULE

- **Cost of Trip** is estimated to be \$2,500.00. This cost covers:
 - \$900.00 Airline ticket & Baggage Fee (covers 1 bag each way)
 - \$900.00 BMDMI Team Member Fee. (This fee covers our in-country expenses such as lodging, security, meals and transportation)
 - \$700.00 HON2025 Team Fee (covers cost of translators, optical, supplies, shipping and medicines needed to carry out our mission)
 - There is a fee reduction scholarship for active members of FBCOB. This scholarship reduces the total cost of the trip to \$1,400 provided the required service hours are completed.
- **Payment Schedule:**
 - February 15th ----- \$500.00
 - March 15th --- Additional \$500.00
 - April 15th ----- Additional \$500.00
 - May 15th ----- Additional \$500.00
 - June 24th ----- Paid Complete

All payments must be submitted to FBCOB or Borderless Brigade and designated for Honduras 2025.

For online payments, use the link on the Honduras page of the FBCOB website.

Note a 2.6% fee applies for credit/debit card transactions.

The final date to use reserved airline tickets from Memphis is March 30, 2025. A minimum payment of \$900 is required by this date to secure a ticket.

All travel arrangements must be pre-approved by the team captain before booking.

APPLICATIONS AND FORMS

- You need a passport valid until at least January 16, 2026, to travel to Central America.
- Applications must be completed online through your Managed Missions login. Each team member must complete this process by going to the FBCOB Honduras Missions page on our website where you can find a link with detailed instructions to complete this process. Here is the link to the Honduras page: <https://www.fbcob.org/honduras/> Once you open this page you can click on the online application instruction link and just follow the instructions.
- All Medical, Dental, and Pharmacy licenses and diplomas must be uploaded to Managed Missions by March 31, 2025. Tommy or Michael can assist you with this if necessary.

- The BMDMI Minor's Travel Permission Form is mandatory for individuals under 18 years of age unless accompanied by both parents. Two notarized copies of this form are required. This document can be downloaded from your Managed Missions login. Please note that this is the sole form requiring notarization.
- FBCOB Mission Service Agreement: This agreement must be signed and dated by each individual and co-signed by a parent or guardian for those under 18. The form is available from the FBCOB Honduras link above.

MINISTRY TEAM ASSIGNMENTS

- While team members' preferences for Ministry Team assignments will be considered, final assignment decisions will be made by the team leadership.
- Village Ministries will combine door-to-door services with village clinics. These clinics will offer medical, optical, dental, and pharmacy services, as well as clothing and food distributions.

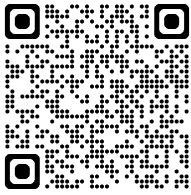
TRIP SUMMARY

- **Tuesday July 8th**
Arrive in Honduras mid-afternoon
Bus ride to Mission Home
Dinner 6:00 PM
Team meeting after dinner
Ministry Team Prayer meetings
- **Wednesday 9th**
Breakfast at Mission Home
Team Meeting prior to departure to village
8am depart for Village
Arrive in Village late morning to unload trucks and set-up clinics and sleeping areas.
Clinics open mid-afternoon
Dinner @ 6pm
- **Thursday-Saturday**
Breakfast @ 6:30am
Clinics open and Door-to-Door teams depart @ 8am
Lunch @ noon
Clinics close at about 5pm
Dinner @ 6pm
- **Sunday July 13th**
Cold breakfast is @ 5am
Finish camp break-down and load trucks
Depart Village @ 6am
Arrive @ Mission Home for lunch and showers
Depart for Good Sheppard's Children Home mid-afternoon
Return to Mission Home for Dinner and rest.
- **Monday** is Valle de Angeles day
- **Tuesday July 15th**
Breakfast @ 7am
Depart for airport @ 8am

HEALTH AND SAFETY:

- The only required immunization is a current Tetanus vaccination. Hepatitis A and B vaccinations are recommended for medical and dental clinic workers.
- Insect bites in Central America pose health risks, including Zika, dengue, and chikungunya. No vaccines are available, so avoiding insect bites is crucial. The US CDC recommends using EPA-approved repellents. Consumer Reports suggest products with 15-30% DEET, 20% picaridin, or 30% OLE are most effective.
- Your team fee with Commissioned International (CI), formerly BMDMI, includes accidental insurance. Please see the attached sheet for details. Note that this insurance excludes pre-existing conditions and has limited coverage. Your health insurance might not cover you internationally, and Medicare does not cover international expenses. CI suggests purchasing travel insurance to cover what the attached sheet and your current insurance do not. Here are three recommendations from CI.

Gallagher



GeoBlue



IMGlobal



- This year, all team members must register with the U.S. embassy before traveling. This allows the embassy to know your arrival and contact you in emergencies like natural disasters or civil unrest. Although we hope this won't be needed, it is essential for team safety. Register using the Smart Traveler Enrollment Program (STEP) Here is the link to register:



ACCOMMODATIONS:

- Sleeping at the Mission Home is dormitory style, with rooms accommodating 6 people in bunk beds. Each room has 2 showers and double vanity. We will stay for three nights. Please be mindful of team members who may have difficulty using the top bunk.
- In our village, we will sleep in school classrooms. Many team members bring small tents for privacy and bug protection. Foam rubber mattresses will be provided, and you can borrow bedding from the Mission Home.

CARGO:

- The manifest closes on March 29th, so all items to be sent must be packed by then. Each team member needs to help with preparations, especially packing clothing. The Clothing Team cannot do it alone, so everyone must assist. Schedule packing times to ensure participation. Our cargo will be delivered to New Orleans in early April.