

# HONDURAS 2025

## JULY 8-15, 2025

**VILLAGE INFORMATION: Not yet assigned**

### TRAVEL INFORMATION:

- **35 Seats on American Airlines**
  - **July 8** Flt# AA469 Memphis (MEM)-Miami (MIA) 556AM-9:20AM  
Flt# AA2693 Miami (MIA)-Comayagua (XPL) 12:05PM-12:50PM
  - **July 15** Flt# AA359 Comayagua (XPL)-Miami (MIA) 1:30PM-5:55PM  
Flt# AA2537 Miami (MIA)-Memphis (MEM) 9:00PM-10:51PM

### FEE & PAYMENT SCHEDULE

- **Cost of Trip** is estimated to be \$2,500.00. This cost covers:
  - \$900.00 Airline ticket & Baggage Fee (covers 1 bag each way)
  - \$900.00 BMDMI Team Member Fee. (This fee covers our in-country expenses such as lodging, security, meals and transportation)
  - \$700.00 HON2025 Team Fee (covers cost of translators, optical, supplies, shipping and medicines needed to carry out our mission)
  - There is a fee reduction scholarship for active members of FBCOB. This scholarship reduces the total cost of the trip to \$1,400 provided the required service hours are completed.
- **Payment Schedule:**
  - February 15<sup>th</sup> -----\$500.00
  - March 15<sup>th</sup> ---Additional \$500.00
  - April 15<sup>th</sup>-----Additional \$500.00
  - May 15<sup>th</sup> ----- Additional \$500.00
  - June 24<sup>th</sup> -----Paid Complete

All payments must be submitted to FBCOB or Borderless Brigade and designated to Honduras 2025.

For those that wish to pay online, there is a payment link on Honduras page of the FBCOB website. There is a 2.6% charge for online credit and debit card payments.

The final date to use the reserved airline tickets out of Memphis is March 30, 2025. You must have paid at least \$900 by that date to guarantee one of these tickets.

A credit of \$900 will be allowed for those team members traveling from another city and paying for their own flights and bags. **All travel arrangements must be pre-approved by the team captain prior to booking.**

### APPLICATIONS AND FORMS

- A valid Passport is required to travel to Central America. The passport expiration date must be after January 16, 2026.
- Applications must be completed online through a Managed Missions login. Each team member must complete this process by going to the FBCOB Honduras Missions page on our website where you can find a link with detailed instructions

to complete this process. Here is the link to the Honduras page:  
<https://www.fbcob.org/honduras/> Once you open this page you can click on the online application instruction link and just follow the instructions.

- All Medical, Dental and Pharmacy licenses and diplomas must be uploaded to Managed Missions before March 31, 2025. Tommy or Michael can help y'all with this if need be.
- BMDMI Minor's Travel Permission Form is required for any person under the age of 18 unless accompanied by both parents. You will need two of these notarized forms. This form can be downloaded from you Managed Missions login (This is the only form that will need to be notarized.)
- FBCOB Mission Service Agreement (This service agreement must be signed and dated by each person and cosigned by traveling parent or designated guardian of each person under the age of 18) This form can be printed from the FBCOB Honduras link above.

### **MINISTRY TEAM ASSIGNMENTS**

- As much as possible each team member will be given Ministry Team preference, however final assignment decisions will be made by the team leadership.
- Village Ministries will be a combination of door-to-door and normal clinics set up in the village. The clinics in the village will include medical, optical, dental, pharmacy and clothing/food distributions.

### **TRIP SUMMARY**

- **Tuesday July 8th**  
Arrive in Honduras mid-afternoon  
Bus ride to Mission Home  
Dinner 6:00 PM  
Team meeting after dinner  
Ministry Team Prayer meetings
- **Wednesday 9th**  
Breakfast at Mission Home  
Team Meeting prior to departure to village  
8am depart for Village  
Arrive in Village late morning to unload trucks and set-up clinics and sleeping areas.  
Clinics open mid-afternoon  
Dinner @ 6pm
- **Thursday-Saturday**  
Breakfast @ 6:30am  
Clinics open and Door-to-Door teams depart @ 8am  
Lunch @ noon  
Clinics close at about 5pm  
Dinner @ 6pm
- **Sunday July 13th**  
Cold breakfast is @ 5am  
Finish camp break-down and load trucks  
Depart Village @ 6am  
Arrive @ Mission Home for lunch and showers

Depart for Good Sheppard's Children Home mid-afternoon  
Return to Mission Home for Dinner and rest.

- **Monday** is Valle de Angeles day

- **Tuesday July 15th**

Breakfast @ 7am

Depart for airport @ 8am

#### **HEALTH AND SAFETY:**

- The only required immunization is Tetanus vaccination must be current. For medical and dental clinic workers it is recommended that Hepatitis A and B vaccinations are up to date.
- Insect Bites are also a health risk in Central America. Mosquitoes that spread Zika virus also spread dengue and chikungunya viruses. There is not a vaccine available for these. Thus, the only protection is the avoidance of insect bites. The US CDC recommends insect repellants that are approved by the EPA. According to Consumer Reports the most effective products are those that contain 15 to 30 percent deet, 20 percent picaridin, or 30 percent OLE.

#### **ACCOMMODATIONS:**

- Sleeping arrangements at the Mission Home are dormitory style. Each room sleeps 6 people (bunk beds) and has 2 showers and a double vanity. We will spend three nights at the Mission Home. Please be considerate of other team members that find it challenging to utilize the top bunk.
- Once in our assigned village we will be sleeping in school classrooms. Most people carry a small tent to sleep in. This provides a little privacy and keeps the bugs out. A foam rubber mattress will be provided. Bedding items may be barrowed from the Mission Home to take to the village.

#### **CARGO:**

- We will close our manifest on March 29th. This means everything we are going to send ahead must be packed by that date. There is much work to be done in preparation for this Mission endeavor. It is the expectation that each team member will contribute their individual share in the completion of this work. One of the key elements of this mission trip is the distribution of clothing. The Clothing Team can't do all this work themselves. Each team member is required to help with the packing of these items. Packing times can be arranged so that each person can participate.
- We are scheduled to deliver our cargo to New Orleans in the first few days of April.